

SHAC COMMITTEE REPORT 2015-2016

OVERVIEW

The EMS ISD SHAC (Student Health Advisory Council) Committee has met five times this past year. The primary goal for this year's committee was to discuss appropriate options and recommendations for the following.

1. Consideration in creating more participation at district-wide events that concentrate on student's mental well-being. School spirit assemblies, similar to sports pep rallies, and/or classroom small group discussion on suicide awareness, prevention and warning signs education. Several options are recommended, instruction to come from the intervention counselling department as they are specialized in this area. Suggested increase in intervention counseling personnel in the district to handle vast student needs.
2. Advisement in securing and recommending intervention counseling to be more readily available at the elementary and middle school level. Age appropriate education on whole health and accessible counseling at both elementary and secondary campuses.
3. Updates on sidewalks to every school campus to and from high traffic streets that are a safety concern, especially to our High school campuses.
4. Updates on affordable healthcare and mental health professionals and referral for students to possibly include the JPS facility on Saginaw Main Street.

There were no changes to the SHAC Bylaws.

No changes were made to the District Wellness policy by SHAC.

Please refer to our recommendations on previous SHAC reports for elementary recess resolution and the importance of whole health for a child. SHAC support in the area of physical education, when unstructured, is necessary and recommended at each elementary and pre-school campus. Limitations of recess due to behavioral consequences is not acceptable and should be banned.

The committee has moved to be in compliance with law Title 2, Chapter 28, Section 28.004 of the Texas Education Code that governs the public schools in Texas and SHAC Committees.

MEETINGS

Sept. 20, 2015

Oct. 19, 2015

Dec. 9, 2015

Feb. 16, 2016

April 19, 2016

***Minutes can be found on the EMS ISD website.

Final Reports from all departments and the sub-committee were presented. Appointments of chairs for 2016-2017 filled. Suggestions were given for end of year report and push for SHAC parent and community partner participation encouraged.